**HLED 703 Online**

Teaching Methods in Health Education

3 credits

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**Suggested Texts:**

Anspaugh D. J. and Ezell G. (2010) Teaching Today's Health in Middle and Secondary Schools. 10th Edition. Macmillan College Publishing Company, New York.

*Comprehensive School Health Education: Totally Awesome Strategies for Teaching Health*, Meeks, Heit and Page. 7th edition, 2011.

**COURSE DESCRIPTION**

This course is the practicum experience in the 910 add-on certification program at UWSP. Unlike the other content classes in the program, the format of the class is mainly self-directed. The purpose of this course is to gain lesson planning and teaching experience in health education. The class participants will have the opportunity to write lesson plans and teach actual lessons in a health education classroom setting. In this self-directed course, the class participants will teach 6 health education lessons that they have arranged within their school district. **3 of the lessons must be at the elementary level, and 3 must be at the secondary level to meet DPI licensing requirements.** The setting is the class participant’s choice (4th quarter, summer session, etc.)

**TEACHING PROCEDURE**

The goal of this project is to give you experience in planning and teaching lessons in health education. The goal is not to be burdensome. There is a great deal of flexibility in this assignment. You can pick any elementary and secondary grade level at any school. You can teach every day for a week, or you can spread the classes out over multiple weeks. The experience must be finished and the practicum summary must be submitted by the end of the summer session at UWSP.

1. Identify the school(s)/classes that will allow you to teach your 6 lessons in the area. This can be a combination of 4th quarter and summer school if that works out the best for you.
2. The content of the classes will probably be determined by the experience that you have arranged. Regardless, the health content can be in an area of your choice.
3. Communicate your arrangement with the course instructor via email. Include:
   1. The school
   2. The cooperating teacher(s)
   3. The content area
4. Lesson plans should be submitted on Canvas prior to the class that you are going to teach. See requirements below.
5. After each class, please submit a lesson reflection on Canvas.
6. 1 elementary lesson and 1 secondary lesson must be recorded and submitted to the instructor. You may decide which classes that you are going to video record and submit to Canvas, or via email. Whichever is more convenient for your video format.
7. After all 6 lessons are taught, write and submit your practicum summary on Canvas. See requirements below.

**COURSE EVALUATION**

Lesson plans (6 x 50 points) 300 points

Lesson Reflections (5 x 20 points) 100 points

Video submission 50 (2x 25) points

Practicum Summary 100 points

Total 550 points

**Evaluation Descriptions**

Lesson Plans

Lesson plans must be submitted on Canvas prior to teaching each of the 6 lessons. The format of the lesson plans is up to the individual (you can use a format to which you are accustomed), but must include the following:

* The content area
* The grade of the students
* Objectives
* National Health Education Standards addressed in the lesson
* Detailed lesson procedure
* Evaluation/assessment

Lesson Reflection

Class participants must reflect on their 6 individual teaching experiences. The reflection should include general feelings about the teaching experiences. What was done well? What could have gone better? How did the students respond to your teaching strategies?

Video submissions

1 elementary lesson and 1 secondary lesson must be recorded and submitted to the instructor on Canvas or via email.

Practicum Summary

A comprehensive summary of the entire teaching experience (3-5 pages) must be submitted after the final lesson is taught. Please reflect on the entire experience as a whole. You do not have to address your secondary and elementary experiences individually. Please include the following in the summary:

Opening

• In what school(s) did you teach?

• What were the content subjects of the classes?

• What grades were the students?

• What were the students like (behavior)?

Content

• What were some interesting techniques that you used?

• In your opinion, did you adequately cover the content? WHY/WHY NOT?

• What did you learn that you did not know before about teaching?

• What in general did you do well? WHY?

• What in general would you change about the lessons and your performance if you could? WHY?

Closing

• What will you take from this experience and use in the future? WHY?

• What will you not use in the future?

• What was your overall impression of the project? Did you like it or dislike it and why?

• Was it helpful?